

# **Syllabus**

# Introduction

Welcome and Academy history
Resources for students and grads
People
Progress through the program levels
The Dog Scientific website
The Academy Café on Facebook
The Academy Study Group on Facebook
Live webinars
Webinar recordings archive: streaming and downloading
Video coaching
The Academy Video Bar on Vimeo
Case Mentoring
How to use the lecture software
Activities overview and order of modules
Academy philosophy regarding dog and human learners
Training method roots
Sources for dogs to train and dog selection



Practica evaluation prior to taking final exam Final exam Academy grad referral list

# **Animal Learning**

Operant and classical conditioning overview and terminology Where OC and CC fit into the big picture of pet dog training OC and CC historical figures Using the technique choice flow-chart Contingencies Motivation Operant conditioning quadrants Applied behavior analysis examples Trainer intention versus actual effect on behavior Force-free OC tools in practical dog training Aversive tools in practical dog training Antecedents Prompts and cues Getting the behavior: capturing, shaping and prompting Mixing and matching Prompt fading Cues (Sd) Formal versus pet dog stimulus control When to add cues Ordering prompts and cues Antecedent interventions in behavior problems

ABC as smallest unit in OC



Immediate antecedents versus more distant

Positive reinforcement

Schedules of reinforcement

Practical applications of intermittent schedules

Extinction

Matching Law

Superstitious learning

#### Setting events

Exploiting establishing and abolishing operations

Premack's Principle

Conditioned reinforcers

Timing

Correct installation

#### Punishment

Timing

Use of conditioned negative punishers

Punishment schedules

Warning cues

P- execution

P- compliance

Magnitude of punisher: \$5 versus \$500 fines

Taste aversion learning: the timing exception

#### **Classical Conditioning**

Flowchart review: choosing techniques

Order of events

Classical conditioning is occurring whether we're training or not

The ugly terminology

Conditioned Emotional Responses (CERs)



Offset conditioning

Temporal conditioning

Getting the most bang for your buck in practical applications

Rules for CER execution

Ratio of CS to US

Order of events

Recognizing and mitigating competing CSs

Overshadowing and blocking

Cues and prompts revisited

Analyzing cases of attempted CER installation

**Classical extinction** 

**CER** applications

Fear conditioning

Interactions between operant and classical conditioning

The Messy Real World

Making the interaction work for you

When to use which revisited: compliance and execution factors

Playing to trainer's or client's strengths

What happens if you misdiagnose?

Hedging to play it safe

CC-OC Hybrids

Misbehavior of Organisms effect: the classical conditioning connection

Reinforcer type and delivery

Feeding for position

Single event learning

Habituation

Dog cognition

Intelligence versus trainability



Learning preparedness continuum Imitation Versus social facilitation and stimulus enhancement Two-action test Learning by observation (inference) Verbal and insight learning Cognitive domains Dog cognition research

### **Dog Training**

Animal training jargon

Push, drop, stick, split, trial, set, session, economies etc.

Habits to cultivate

"What" versus "why" training problems

Motivation

Free lunch myth

Talking about motivation with clients

Identifying and controlling top motivators

Implication of reinforcer hierarchy

Premack revisited

Troubleshooting motivation problems

Short-term and long-term solutions

Toy reinforcers

Tug

Training plans

Backwards planning from terminal behavior

Criteria setting



The contract with the dog

Deciding on criteria

What happens if you're too high or too low?

Rate of reinforcement

Rate-criteria marriage

What rate is optimal?

Dog's experience

Dog's keenness

Four ways to boost rate

Criteria change decisions (PDS)

Efficiency

Rate checks

Splitting

Training execution

Bob Bailey's mantras

Mechanics

Quiet body, timing, prompting/fading, R+ delivery

Using clickers

Capturing

Prompting, fading, cueing with and without clicker

Sequence drills

Target stick exercise

Prompting small dogs

Tunnel down and backdoor sit

Position-feeding

For short-term use: "cue ball effect"

For long-term trend: biases cue to classical conditioning

"Sit-happy" dogs



#### But doesn't the click end the behavior?

"What" (Sd) problems

Not conflating "what" and "why" problems

Under-training

Failure to generalize

Poor inter-cue discrimination

Misleading framings of animal training

Strong versus weak behavior

Dog biases that work against stimulus control

Aggregate R+ history

Recentness

Preferred behaviors

Order of events

Costs for guessing

Tackling verbal cue discrimination tasks

Optimal session spacing

Getting ready to train

Formal self-assessment

Using the checklist

Assessment practice drill

### **Obedience Behaviors**

Procedure reminders Suggested order of training Verbal Sd task: Sit-Down-Stand Six behaviors, not three Best practices for luring and fading



Usual splits for dogs who can't be lured into sits and downs Usual splits for dogs who are "literal" (appear lure-dependent) When and how to add verbal cues When to commence practicing in random order Cleaning up weaknesses

#### Recall

Recall hygiene

Parameter order

Getting bang for buck with recall practice

Occasional practice versus rep-rep-rep

Premack Recall

Impulse control learning set

Sit-stay, down-stay, wait, leave-it, loose-leash walking, Premack

Releasing versus reinforcing

Down-stay

Plan overview and breakdown: parameters

Lure versus distraction confusion

Adding a cue

Stay mechanics

Timing and position-feeding

**Building duration** 

Mat targeting, auto-down and stay

Adding a cue: traditional clicker training

Adding a cue: quick and dirty chain alternative

Go to crate, auto-down and stay

Sit-stay

Applications in pet dog training



#### Sit-stay for exam/greeting

#### Wait

Versus stay

Timing

#### Leave-it

Sequence: when to add the cue

#### Loose-leash walking

Deconstructing LLW in terms of whether the dog has a clear directional goal or not

Training set-up

Optional extras: R+ for eye-contact and position

#### Retrieve

Why free-shape this?

Gear you'll need

Clicker charging revisited

Sets in free-shaping

What is "shopping?"

Mechanical skills drills

Usual criteria milestones: recognizing, clicking and counting

What if your rate is too high but you have no clear push?

Post-click carry philosophy

Place-in-hand game

Adding a stay

Practical application of retrieve training

#### Heeling

Using traditional prompt-fading

Using classical conditioning of "prompt-dropping"



Free-shaping

Criteria-setting, timing, position-feeding Training behaviors you've never trained before Defining terminal behavior Breaking terminal into parameters Plan-building

# **Teaching Classes**

Format for exercises

What do the best instructors have in common? Is class teaching for you? Usual challenges Advantages of class format Performing and stage fright Expectations Ring-leader blindness Ratios of dogs to instructors/assistants **Developing assistants** Premises and gear Dog screening and legalities Course evaluation findings Curriculum planning priorities Orientations Paul Klein of Bravo Pup Orientation deconstructed Access to instructor between classes Fielding questions Teaching concepts



Selecting demo dogs

Trained dog demos

Keep 'em coming back!

Training skills for owners

Activities to teach timing

Activities to teach criteria-setting

Typical course streams

Puppy class curriculum

Sandi Thompson of Bravo Pup class examples deconstructed

Refereeing play sessions

Protecting shy puppies

Making concepts sticky

Puppy classes and disease prevention issue

Basic class curriculum

Intermediate, advanced, specialty classes and socials

Class teaching as a series of instructor choices

Sandi Thompson interview

Fawn Pierre interview

# **Dog Behavior**

Introduction to economics of behavior

What is behavior for?

Evolution

Changing of gene frequencies in population

What does the "fittest" mean?

Premises of evolution

How does evolution work?



Natural and sexual selection

Differences between pressures on males and females

Evolutionary arms races

Why does he do that?

Proximate/immediate causation and adaptive significance of behavior

Fixed/modal action patterns/innate or "instinctive" behavior

Defined

Versus learning

Are APs modifiable?

AP categories: the big ticket tasks of living

Dog ethogram as mostly "problems"

Domestication

Coppinger's hypothesis

Current best research on domestication

How does domestication affect behavior?

AP morphing (or not!) in dogs

Stylization of behavior via selective breeding

Evolutionary anachronisms

Drifting of APs

AP misfires

Social facilitation

Dog development

Neonatal period

Transitional period

Socialization period

Exploiting best available knowledge

Juvenile period

Dentition and aging of puppies



Adulthood

Dog social organization

Are dogs pack animals?

Feral populations

Wild wolf social organization

Dog hierarchy hypotheses

Adaptive significance of social dominance in animals

Relationship or character trait?

Motivation assumptions

Social dominance in humans

AP organization

Fight/flight

Feeding

Predatory behavior

Predatory sequence in wolves

Exploitation by selective breeding in dogs

Implications of dogs' genetic legacy as group hunters

How good are dogs' noses?

Understimulation

Scavenging

Courtship and reproductive behavior

Dog body language

Observation versus interpretation

Difficulties with interpretations

Making oneself appear bigger or smaller

Signs of fear and stress

Improving owner body language literacy

Recognizing happy, relaxed postures and facial expressions



Pro-social behavior

When absent it is conspicuously absent

Behavioral neoteny

Intention behaviors

Threat

Horizontal and vertical plane lip retraction and contraction

Hard versus soft eyes

Assessing how dangerous a dog is

T-position

Teaching kids to be safe around dogs

Allowing dogs the right to say no

#### Play

Play is expensive behavior: so why do animals do it?

Adaptive significance of play hypothesis

Topography of play

Evaluating play

Meta-signals

Self-handicapping

Role-reversals

Trends: learning to better quantify

Using simple counting forms

Play "ruts"

Consent tests

What if play is normal but human onlookers are upset?

Flagging worrisome behavior

Conflict

Types of internal conflict External conflict



Examples in dogs Displacement and redirection Canine compulsive disorder Breaking up dog fights Gear The messy business Pull-aparts and latch-ons

### **Behavior Problems**

A "problem" according to whom?

Shift in the training zeitgeist from "NO!" technology to "Yes! Do more of that!"

Pet dog trainer's intervention arsenal

Overview of first-line strategies for most common behavior problems

Normalizing of normal behavior

Trainer intervention threshold biases

Diagnostic flow-charts

Horses versus zebras

Veterinary referral indicators

Separation anxiety versus garden-variety owner-absent problems

Sep-anx rule-outs

Management

Crating and confining

Crate training plans

Exercise and mental stimulation

Fetch propensities

Dog-dog play and interaction

Problem-solving and work-to-eat



Daycare and walkers

Screening of daycares, being careful whom you refer to

Training

Definition review: DRI, P-, D&C

Konrad Lorenz and the hydraulic model of behavior

Common DRI applications

**DRI** installations

**Common P- applications** 

P- compliance and magnitude of punisher

Coaching clients

Crate as penalty box issue

Dog resists arrest

Functional analyses

DRI solutions

Antecedent and setting event manipulations

DRI and P- combos

What about extinction?

Housetraining

Frequently cited behavior in dogs relinquished to animal shelters

Management imperative

Housetraining 1-2-3

Schedules for adults versus young puppies

Late punishment

Crating

Close confinement effect

How long can he hold on?

Long-term confinement

Reverse housetraining



What about paper training?

What about marking?

What about ...?

Veterinary referral triggers

Dogs who soil their crates

Submissive urination

#### Chewing

Chewing 1-2-3

Types of toys, pros and cons

Management during training

#### Digging

Likely reasons

Functional analysis revisited

#### Jumping up

DRI

DRI and P- combo

Impulse control set revisited

Food stealing, garbage raiding, pestering for food or attention, pica

Scavenging and contextual discrimination

Pulling on leash gear

Head halter pros and cons

Anti-pull harness pros and cons

Brand differences

#### Barking

Types of barking

Watchdog barking DRI, P- and combo

Demand barking P-

Reinforcing quiet



Barrier frustration

Dogs and cats

Which dogs and cats are best candidates?

Managing and training for successful cohabitation

#### Separation anxiety

Review of cardinal diagnostic signs Treatment overview Pre-departure D&C Absence increments Management between sessions Veterinary consultation Ancillary measures

### Fear and Aggression

The challenges: taking aggression cases, taking fear cases

Practitioner types

Evaluating information

Function of fear and aggression

Technique choice flow chart revisited

Fear

Evolution of default fear

Behavior options

Mechanisms

Genetics

Stress during pregnancy

Maternal behavior

Early environment



Conditioning (bad experiences)

Types of fear

Sound sensitivity

Object/context/situation fears

Separation anxiety

Social fears

#### Social fears

Desensitization

What is it exactly?

Desensitization threshold

Trainer variables

Breaking down stimuli (parameters)

Role of learning

Breaking down social stimuli

Counterconditioning

What is it exactly?

CER options

Desensitization and counterconditioning

Push-drop-stick rules

CER rules revisited

Management

Habituation versus desensitization

What to use habituation

Sensitization

DRI options

Counseling clients with fearful dogs

Prevention: the value of "padding"

Aggression



Adaptive contexts of aggression in animals Societal ambivalence: dogs as pets and protection Acknowledging the bar Lumping of severity Dog bite fatalities Why are people disproportionately afraid of dogs? Academy philosophy Classification of aggression Lumpers and splitters Intervention options overview Desensitization threshold and aggression Threat sequences in dogs: earliest signs **DRI** options Summary of differences between OC and CC strategies Case selection: prognostic indicators Acquired bite inhibition Taking a bite history Dunbar's levels of ABI Blood versus pressure **Client compliance** 

Problem type

Aggression to strangers

Food guarding

Plan, usual splits, execution

DRI options, mixing OC and CC

Object guarding

Plan, usual splits, execution

Location guarding



Body handling

Best practices: breaking it down optimally

Better to not lie to dogs

**Dog-dog Aggression** 

The usual suspects: problem types

Triage choices in dog-dog counseling

Necessary qualities in a dog-dog trainer

Intervention bias threshold implications in dog-dog

When to always intervene

When to normalize

Developmental events

Very upset clients

Counseling on severity distinctions

Management logistics

Prognosis estimation by problem type

Other prognosis factor: ABI

Leash problems

Management-only option

Teaching leash maneuvers, timing and "defensive driving"

No off-leash history: optimal plan

Using a play parameter if it is available

Off-leash problems

Play problems differential diagnosis

What if there's no play?

Bullies

Executing time-outs

Use of long-lines

Play skill deficits



#### Phases of training

Predation events Female-female problems Game dogs Prevention of aggression Class activities Most useful CERs The big picture

# **Client Counseling**

Our job in a nutshell
Allocation of client resources
Choosing our battles
The counseling bible
Letting clients decide how to live with their dogs
Exceptions
Gray areas
Developing your policies
What we want clients to do is not cheap behavior
Setting criteria for humans
Old-school misanthropism
Delivery formats
Consultations
Day training
Board and train
Factors affecting format decisions
Consultations



The phone: doing it right to avoid burn-out

Triage and doorknob questions

The appointment

Re-framing client interpretations into ABCs

Best practices re: written instructions

Follow-up checklists

#### Day training

Packages and training time estimates

Homework and management during the training period

#### Board and train

Client visits, homework and progress reporting

Transfer of training

What if the problem doesn't manifest?

Training time estimates

Ethics and the offering of guarantees

#### Coaching clients

Coaching concepts

Cultivating "stickiness"

Avoidance of knowledge-dumping

Repetition

Coaching skills/mechanics

The recipe to perfect

#### Coaching management

Management first

Big ticket management types

Convincing clients of need for confinement

Comparisons to previous dogs

How hard should we try to sell resistant clients on crating?



What is a dog-proofed room?

Coaching training

Sticky language for DRI and P-

DRI conceptual and techie roadblocks

P- legwork and perseverance roadblocks

Coaching repetition

The gift of bio-speed in a techno-speed world

CED checks

Coaching exercise, enrichment and mental stimulation

Explaining enrichment to clients

The stand-bys

Fetch, tug, hide & seek

Tug caveat

Explaining chew toys

Teaching hide and seek

Making clients "itchy" to train as an enrichment activity

Education and myth-busting

Building empathy

Key education messages

Myth of rewards "spoiling" dogs

There's no free lunch in motivation

Talking to clients about motivation

"When can I stop giving rewards?"

Myth of aggression as pathology

Horses versus zebras

"Normal" doesn't mean "okay"

Myth that immobile dogs are necessarily calm

Body language education



Myth that dogs seek to dominate us

Helping clients who are stuck on dominance

Dominance busting resources

Myth that tug increases aggression

Identifying personal comfort levels

Myth that "good" = behaviorless

Cousin myth to not moving = calm

Myth that dogs look "guilty" when owner punishes late

Consultation example: "Cinder"

Presenting with object guarding and agitating at the fence

Diagnostic rule-outs

Management

Training

Doorknob question: adding a second dog

Great training demo sites for owners

### **History of Dog Training**

19<sup>th</sup> century excerpts from training books Two roots of training and behavior modification Traditional dog training Applications of operant and classical conditioning theory Traditional training War dog recruitment and training Post-WWII era Koehler method and the Monks of New Skete Sciences of operant and classical conditioning Skinner and Pavlov



Keller and Marian Breland Marine mammal training Lure-reward training Pet dog training as specialty The watershed philosophy divide Dog training regulation

### **Dog Breeds**

Origin of domestic dogs (DNA and archaeological evidence)

History of dog shows

Features of AKC groups

Sporting dogs

Show versus field lines

"Backyard bred"

Breeds with heavy exercise requirement

Hounds

Working dogs

Terriers

Toys

Non-sporting dogs

Herding dogs

Miscellaneous group

Pitbulls

Interpreting breed standards for behavior information

Sleuthing out euphemisms

Russian fox experiment: breeding out fear

Societal ambivalence about genetic determinism



# **Critical Thinking**

"Nullius addictus iurarae in verba magistri" Why critical thinking for dog trainers? How do we know whether a statement is true or not? Acknowledging when we don't know: the foundation of learning Post-modernism and relativism "There are no facts, only opinions" and "There is no objective reality" But wait: would you step off a building? Why science? Hypothesis versus theory in science Conclusions are provisional/science as self-correcting endeavor Follow the evidence Kinds of written articles The peer-review process Confounding variables Control groups What does "blind" mean? What does "placebo-controlled" mean? Hypothetical study design Sampling and sampling problems

Correlation and causation

Common confounds in the popular dog behavior literature

Unanswered questions in our field

Behavior testing

Reliability and validity

Performing lit searches

Critical thinking resources



# **Psychotropic Medications**

Acute versus longer term drugs Mode of action of TCA and SSRI classes Most commonly used meds Veterinary behavior resources Our role as trainers

### **Exam Preparation**

Overview of exam for Academy Certification Exam topics About the CPDT-KA and CBCC-KA exams Disease and parasites Exam prep quizzes Practica demonstration requirement Exam scheduling

